

**Okanagan Indian Band**

**Senk'lip News**



*"Ensuring the Future through Cultural, Social and Economic Development."*

**OKIB Sqilxw Cultural Immersion School  
Community Dinner**

*Outline of Presentation by Bill Cohen (January 16, 2006)*

**Background/History**

- ~ Sqilxw/Okanagan have been here and have governed ourselves since time immemorial (at least 10,000 years)
- ~ 100 years ago, all Okanagans spoke our language. Now only about 45 people on our band speak our language; most are over 50 years old, none are under 40 years old.

**Vision and Goals for OKIB Cultural Immersion School:**

- ~ Our children to have access and excellent learning outcomes with respect to Okanagan language, knowledge and culture.
- ~ Our children to have access and excellent learning outcomes related to provincial school curriculum and to world knowledge.
- ~ Our children to learn in a safe, comfortable and supportive environment.
- ~ An education that reinforces our cultural background and identity.
- ~ Our children positioned to "get good jobs".
- ~ Our school, our teachers, and total learning environment to reinforce, appreciate and provide a range of learning opportunities.
- ~ To restore confidence in the accumulated knowledge and wisdom of our ancestors, our grandparents and parents.

**Current Situation:**

- ~ There is a lot of support to develop an OKIB Cultural Immersion School.
- ~ There is also much concern and fear about what our own school will be able to accomplish given the fact that other band schools have not done so well.
- ~ There is a hope that the School District will build a school for us so it won't cost us anything (we may be hoping for a long time).
- ~ About 40% of our kids graduate in the Provincial School System.

- ~ We have very high drop out rates and overall low academic achievement in the Provincial Schools.
- ~ Some of our kids have done very well in the Canadian school system and we are very proud of them.
- ~ Apparently there were plans made, and a 3-D model, to expand Snc'c'amala?tn into a larger school. This appears to have been simply a rumor.
- ~ We are involved in major court cases and negotiations with Provincial and Federal governments.
- ~ Knowledge of our Okanagan language, laws, stories, practices and place names is not widespread in our community.
- ~ When we have gatherings, events, or are invited to big events we often have to bring in people from other communities to sing our songs, say our prayers and speak about our territory, our laws and practices because we have very few people who can do those things. Not many of us have that knowledge and our children currently don't have much access to that knowledge.
- ~ We are out of practice in working together for our children. Feelings are easily hurt because issues around our identities, knowledge and language can be very sensitive and we can be very critical of each other.
- ~ We are used to asking for things to be done for us rather than doing it ourselves.
- ~ We have a growing population of amazing and beautiful children and youth. They are our most precious resources and we have to create better conditions for them.

**How Can We Make Our Cultural Immersion School Work and Accomplish the Vision and Goals?**

- ~ Have teaching and learning relationships informed by our captikwl. A curriculum model has already been developed in California. It is based on Okanagan knowledge and has been implemented in California schools.
- ~ We have very knowledgeable and committed Elders and Community members. Many have spent years

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**Okanagan Indian Band**  
 12420 Westside Road, Vernon BC, V1T 7Z3

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- ~ trying to ensure our language, cultural knowledge and practices survive.
- ~ We have teachers and educators with the know-how to put together curriculum and community schools.
- ~ Our teachers can work with our Elders in our schools to develop new and effective ways of teaching. Teachers learn from Elders and become language apprentices and Elders can learn from teachers how they teach groups of children. Teachers and Elders become a teaching team.
- ~ We can continue to educate our teachers, our Elders and community members in effective ways of teaching and learning.
- ~ Establish connections with our relatives locally and globally. We can learn from other Nations, the Scewepmc and the Maori.
- ~ We can plan trips for our youth to go to Aotearoa (New Zealand) and other territories to share our knowledge and practices and learn from others.

Please see below for OKIB Cultural Immersion School Sign Up Form.

*Note: I interviewed a Maori Chief about the development of Cultural Immersion Schools in New Zealand. That interview is available on the OKIB website (www.okib.ca).*

### An Okanagan Child Welfare Agency?

There have been two community meetings regarding the possibility of an Okanagan Child Welfare Agency and what that would look like for members of the Okanagan Indian Band.

Kim Montgomery Wardenberg has facilitated both meetings; one held at New Horizon on February 8th, and the other at the Head of Lake Hall on February 22, 2006. To keep you posted we will have the outcome of those meetings for publication in the Senk'lip as soon as possible.

For those who have missed these meetings and are wishing more information, please contact Molly at 542-5094. Please keep posted for further community meetings with respect to child welfare.

## OKIB K-7 Sqilxw Cultural Immersion School Sign Up Form

**Vision for the OKIB Community School:**

- ~ Our children to have access and excellent learning outcomes with respect to Okanagan language, knowledge and culture.
- ~ Our children to have access and excellent learning outcomes related to provincial school curriculum and to world knowledge.
- ~ Our children to learn in a safe, comfortable and supportive environment.
- ~ An education that reinforces our cultural background and identity.
- ~ Our children positioned to "get good jobs".
- ~ Our school, our teachers, and total learning environment to reinforce, appreciate and provide a range of learning opportunities, especially in connection to our territory, practices and resources.
- ~ To restore confidence in the accumulated knowledge and wisdom of our ancestors, our grandparents and parents.

At this point, there has been much interest in creating an OKIB Cultural Immersion School. The information meeting on January 16, 2006 was very well attended. The OKIB Sqilxw School Project is ongoing and needs community input and support to become a reality. To get proposals on their way, numbers and support are needed. More OKIB School community meetings will be scheduled. What needs to be done now is for community members to indicate their interest and support for this project. There is much to do: ensure continuous community involvement, designate a location, name our school, expand the committee, set meeting dates, develop curriculum and staffing plans, and delegate appropriate staff to work on this project.

Please fill in the following. The information will be used for applications and proposals to make the school happen, and to keep you informed of upcoming meetings. This form does not bind you in any way; it is only to determine interest and support.

Do you support the vision and development of an OKIB/Sqilxw School?    Yes    No

How do you see your self connected to an OKIB/Sqilxw School? \_\_\_\_\_  
 (Examples: Parent, Elder, Resource Person, Teacher, Aunt/Uncle, Community Member, Advisor, other)

Do you have children that you would want in a Cultural Immersion School? If yes, please indicate how many according to age group.

Ages 0-3 \_\_\_\_\_, Ages 4-5\_\_\_\_\_, Ages 6-10\_\_\_\_\_, Ages 11- 13\_\_\_\_\_, Youth 13-18\_\_\_\_\_

Name: \_\_\_\_\_

Contact information: \_\_\_\_\_  
 (e.g. phone, email - for circulation list)

Please return to OKIB Band Office (Kevin Ned or Glenda Bonneau), Snc'c'amala?tn (Lorraine Ladan), or Bill Cohen.

*Any comments or suggestions you have, please attach them to this form.*

## Speaking Out of the Darkness

Gary Joseph 06/2000

We come together to join in communion, to become one heart and one mind, with one intention. We come together to help each other. Many of us were told when we were young that, "you are here to help one another." So this is what we do, as we speak out of the darkness.

The darkness is that of ignorance, jealousy, suspicion, shame, and denial. We are in the dark because many of us don't know we are in the darkness.

It is the darkness, in which we cloak ourselves as we try to hide from one another. It is the cloak of darkness, in which we try to hide ourselves from the Creator. It is the cloak of darkness, in which we try to hide from ourselves.

The darkness is our imprisonment. It is the jailhouse of our fear that keeps us immobile. It keeps us from touching others. It is the prison of selfishness and greed. It is the prison of our pain, which we use to justify causing pain to others. It is the imprisonment of our loneliness, in which we don't even have ourselves for comfort.

The Creator gave us darkness, so now we use it for safety and security.

As we move toward the light, as we move towards better health and well-being, as we move towards wholeness, we will move together.

As our Lakota Brothers say, "we are sending a voice". We are sending a voice that is the expression of our spirit. We are sending a voice that is an expression of our hearts, for we now speak in the language of the heart.

It is our intention to speak in honesty, with great respect for the truth. It is our intention to speak in humility with great respect for each other. It is our intention to conduct ourselves with dignity and listen to each other, and help.

Our songs will be the prayers, so we can learn to love creation and the Earth, as the Creator loves them. Our songs will be the prayers, so we can learn to love each other, the way the Creator loves us all. Our songs will be the prayers, so we can learn to love ourselves, the way the Creator loves us, individually.

Carol and John Wilky Louie would like to thank everyone for their support and donations. We would like to give special thanks to those who stopped at the house while it was burning and offered coats and shoes. Thank you for all the emails and phone calls. And thank you to: Ann Wilson - food and clothing; Robert Marchand - cash; Margaret Marchand - toiletries; Mark Wells, Jason McLean - cash; Shane Louie, Mike Frith - cash; Peggy Brewer - cash; Alex Louie - clothing, sage bundles; William Louie - clothing, duffle bag; Cheryl Oppenheimer - clothing for Keanu; Corey and Twyla Brewer - blankets, shoes, coats; Tiffany Wilson - shoes for Taige, toys for Keanu; Eric and Christine Mitchell - toiletries, coats, clothing; Gary Bonneau - transportation.

For those who want to donate cash, an account has been set up at TD Canada Trust, **Account Number 9880-6297868**

**Thank you very much,  
Carol Louie**

## Challenges for Children and Youth Not only in the Okanagan

Encouraging our children and youth to participate in programs is very important parental role. We as parents, guardians and family must look out for our greatest resource, our children. We know that there are many challenges our children and youth face daily. What do you think is the most important challenge facing Aboriginal children and youth today?

Here are some numbers provided by Indian and Northern Affairs Canada:

Lack of education: **36%**  
 Drug and alcohol abuse: **19%**  
 Poverty: **6%**  
 Psychological issues: **6%**  
 Cultural identity: **5%**  
 Access to resources: **4%**  
 Integration into Cdn society: **3%**  
 Racism: **3%**  
 Employment: **3%**  
 Other: **1%**  
 DK/NR: **13%**

## GIRLS NIGHT OUT

*Ages 7 to 13 years*

**GIRLS NIGHT OUT: TUESDAYS FROM 4:00PM TO 5:30PM**  
**PLACE: HEAD OF LAKE HALL**  
**AFTER SCHOOL SNACKS PROVIDED**



REGISTRATION FORMS AND INFORMATION WILL BE PROVIDED. PLEASE ADVISE IF TRANSPORTATION IS REQUIRED, CALL MOLLY BREWER AT 542-5094 FOR MORE INFORMATION

## Okanagan Cultural Program

*Presented by: OKIB Social Development Division*

### -Learning the Art of Beadwork-

**With Mona Williams**

**Location:** Head of the Lake Hall

**Time:** 6:00PM - 9:00PM

**Date:** Every Wednesday

-Program will run for 10-12 weeks-

-January 11th - March 29th, 2006-

Call me at 250-545-3800 or 250-542-3571

Limlimpt, Mona Williams

# Social Development Division - Community Report

Submitted by Donna Good Water

**Manager, Social Development Division:** Donna M. Good Water MSW

**Director, Snc'c'amala?tn Daycare:** Lorraine Ladan

**Director, Education:** Kevin Ned

Way',

The Social Development Division consists of the Health/Social Development Department, Education Department and Snc'c'amala?tn Daycare/School. Since the last community report the Division experienced a number of administrative changes.

In the Health/Social Development Department, Judy Marchand, the Health Promotion Supervisor, accepted a position with the Spallumcheen Band. Judy worked for the Okanagan Indian Band for over 25 years and will be missed. The Health/Social Development Department is currently under review and the Health Promotion Supervisor Position will be filled subject to community and administrative needs.

The Health Director and the proposed Social Development Director positions have been abolished and in the interim the Social Development Manager assumed these roles. As such, the Social Development Division Manager, Donna Good Water, and the Social Worker, Molly Brewer, have offices at the Health Building. The Financial Aide Worker, Cindy Brewer, will keep her office at the Band Office, subject to client support. All of these changes accommodate the present fiscal means of the Social Development Division.

Other changes include inquiring into Federal and Provincial resources to increase the capacity of the Home and Community Care Program, Youth Activities, Culture and Language Programs and a Maternal Health (Infant Development) Program. The Division is also working in collaboration with the Community Division in the design of a Health Building and an Assisted Living Facility.

**Family Preservation Worker Interviews:** February, 2006

## Community Services in Progress:

- ~ Women's Support Program: Three Month Program (filled)
- ~ Quit-Smoking Support Group: Thursday at 6:00pm at the Health Building
- ~ Boys Night: Wednesday from 4:30pm - 6:00pm
- ~ Girls Night: Tuesday 4:00pm - 5:30 pm
- ~ Sadie's Walk - Diabetes Prevention: April 14th, 2006 - Good Friday, Six-mile Creek to Parkers Cove
- ~ Okanagan Language Night: Thursday, Snc'c'amala?tn Daycare/School
- ~ Cultural Night Pot Luck and Activities: Wednesday at 6:00pm at Head of the Lake Hall

*limlimt, Donna M. Good Water*

## 10th Annual Sadie's Walk

### Purpose:

Sadie's Walk is a 7 kilometer walk in memory of Sadie and the promotion of Diabetes Prevention. The walk is from New Horizons to Parker Cove. Everyone is welcome, even if you can not participate in the walk, you are welcome to participate in other activities throughout the day.

### Proposed Itinerary

**9:00AM:** Sign up and prize tickets at New Horizons Building at Six Mile

**10:00AM:** 7 kilometer walk begins at New Horizons, Six Mile to Parker/Bonneau Memorial Hall at Parker Cove

**12:00PM:** Lunch served at Parker/Bonneau Memorial Hall

**2:30PM:** Song by Linda Williams, Balloon Release

**3:00PM:** Power Point presentation on 10th Annual Sadie's Walk

**3:45PM:** Prize Draws

**4:00PM:** Entertainment - TBA

**5:00PM:** Supper - Provided by Parker/Bonneau Family

**6:00PM:** Air Bands - Contact DJ Bonneau

**8:00PM:** Stick Games - Contact Cal or Mildred 542-5714



*Everyone is welcome!  
All children **MUST** be accompanied by an adult.*

*Water and oranges will also be available on route.*

Transportation will be available throughout the walk for those who get tired or need a ride after the walk to pick up their vehicle at Six Mile.

## IN PARTNERSHIP WITH REC EXCELLENCE

THE NK'MAPLQS TOURNAMENT COMMITTEE  
IS PROUD TO PRESENT THE:

## 2nd ANNUAL ALL-NATIVE NK'MAPLQS HOCKEY CHALLENGE CUP

**When:** March 31, April 1 & 2, 2006

**Where:** Vernon Multiplex, Civic and Priest Valley  
Arenas



This year's tournament will feature three divisions  
(Recreation, 15+ Competitive and 35+  
Recreational-Old timers)

A non-refundable entry fee of \$700.00 and  
team roster are required by March 23, 2006  
payable to RECREATION EXCELLENCE  
(Certified cheque, money order, Visa or  
MasterCard)

Beverage Garden on-site at the Multiplex.

Arts & Craft table space available.



### For more information, please contact:

**Keith Louis:** (250) 309-4674

**Kevin Ned:** (250) 768-8125

**Jay Louis:** (250) 308-6144, e-mail [jay\\_louis@hotmail.com](mailto:jay_louis@hotmail.com)

**Joan Vyner:** (250) 542-5623 Ext.102 or by email: [jvyner@recreationexcellence.com](mailto:jvyner@recreationexcellence.com)

Visit <http://www.okib.ca/recreation/index.php> to download Team Registration Form, Exhibitors Registration Form and Rules, etc.

## Employment Training Department Programs and Services

*Submitted by Floyd Oppenheimer, Employment Training Coordinator*

Are you interested in an Entry Level Trades Training or a Certificate Course, do you need help with preparation of your resume, job searches, labor market information, skill enhancement, or career decision making? The Okanagan Indian Band, Employment Training Department has the responsibility of administering the Programs and Services of the Okanagan Training and Development Council (OTDC) and can assist in any of the areas mentioned above.

We currently have a number of resumes on file that, at the request of the client, can be faxed or emailed to perspective employers. The Employment Training Department and Social Services also maintains a bulletin board in the Social Service Department Office. This board contains postings of all employment and training opportunities that become available in and around the community along with opportunities posted in the local papers. If requested, we can assist in providing statistical information about the labor market such as the careers and occupations that are expected to be in high demand in the future.

Along with Employment Assistance Services (EAS), we also provide assistance with funding applications for Training Programs that lead to employment. Just some of the programs that individual clients have obtained funding for, from OTDC, and successfully completed (2005) are:

- ~ Culinary Arts
- ~ 3rd year electrical (Now into Fourth Year Electrical)
- ~ Trucking Class 1

- ~ Traffic Control
- ~ Applied Business Technology

All funding is available on a first come first served basis and is accessed not only through the OKIB office but the FNES in Vernon. If you live in the Vernon service area you must access the funding from the First Nation Employment Services office.

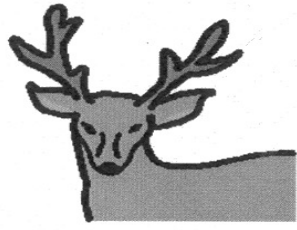
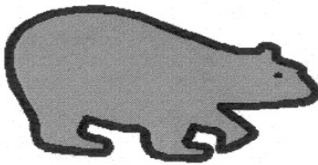

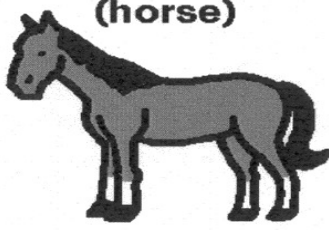
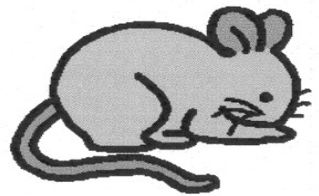
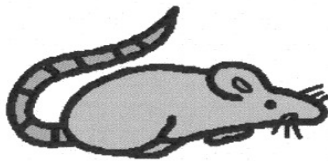
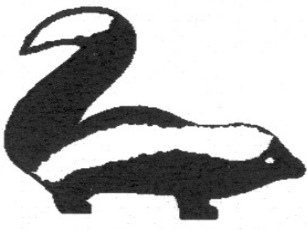
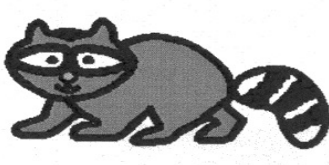
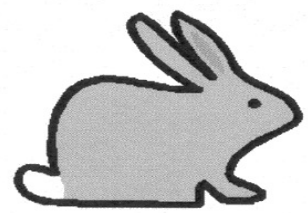
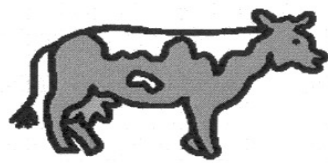
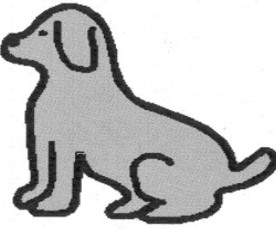
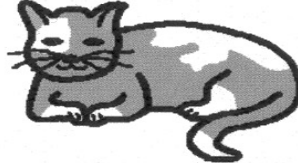
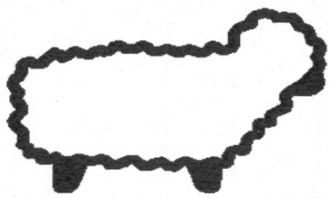
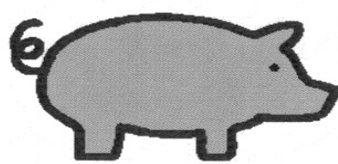
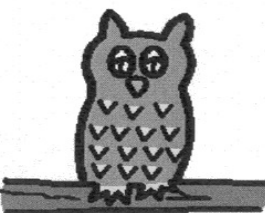
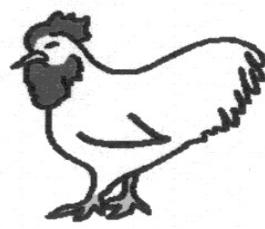
Most funding is usually accounted for by August and so it is important to apply ahead of time for training in the summer or fall.

The Employment Training Department also coordinates training programs with external agencies and institutes such as the Community Futures Development Corporation of the Central Interior First Nations (CFDC of CIFN). Some of the training offered through CFDC of CIFN is accredited through NVIT, which can be applied to further training courses.

These are just some of the Programs and Services provided by the Employment Training Department. If you are interested in taking any training programs or services please contact the Employment Training Department for information about program funding and eligibility requirements.

**Employment Training Coordinator:**  
Floyd Oppenheimer, **Email:** [floyd.oppenheimer@okanagan.org](mailto:floyd.oppenheimer@okanagan.org)

### Okanagan (ukanaqín) Language by Joan Zabetel

<p><b>sł'a'cínən (deer)</b></p> 	<p><b>skəmxíst (bear)</b></p> 	<p><b>pqəl'qin (bald eagle)</b></p> 	<p><b>kwap (horse)</b></p> 
<p><b>k'wík'x'na' (mouse)</b></p> 	<p><b>hiwt (rat)</b></p> 	<p><b>sənikstíya' (skunk)</b></p> 	<p><b>mhuya (raccoon)</b></p> 
<p><b>spəplína' (rabbit)</b></p> 	<p><b>stəm'alt (cow)</b></p> 	<p><b>kək'wáp (dog)</b></p> 	<p><b>pus (cat)</b></p> 
<p><b>l'moto' (sheep)</b></p> 	<p><b>l'kosó (pig)</b></p> 	<p><b>snína' (owl)</b></p> 	<p><b>l'kok (rooster)</b></p> 

# Snc'c'amala?tn Early Childhood Education Centre

Phone: (250) 545-3800 Fax: (250) 545-4553

## Snc'c'amala?tn News

From Lorraine Ladan, Manager

## Snc'c'amala?tn Staff

Our newest staff member will be working in the infant/toddler daycare starting Monday, March 6. Lisa Abe is a qualified Early Childhood Educator and Infant/Toddler Educator. She is a graduate of Langara College. Her most recent work experience is at Vancouver City Hall Daycare in the toddler room. Welcome Lisa!

We like to support Early Childhood Education students such as Amanda Hogberg. Amanda comes to us from Okanagan College and will be completing a practicum in the 3 to 5 year old daycare from February 22 to April 20. Please help us to make Amanda feel at home while at Snc'c'amala?tn.

Pamela Stenquist has started working on-call. You may have already met Pamela who recently did a practicum with us as a student and has now graduated. She works at Silver Star Daycare and gives us some of her time when available.

We strive to have all staff fully qualified as Early Childhood Educators in the daycare and preschool. Certified Education Assistants and those who have some ECE courses can become qualified as Assistants in the daycare by undergoing a process through Victoria.

From time to time we have term positions that are paid for through NONA Child Development Centre and the Supported Child Development Program. These positions are to support individual children or small groups of children who need extra assistance. These positions are above and beyond the licensed staff/child ratio required and we look for persons

who have ECE, special education qualifications or experience working with children in group settings.

In our Kindergarten, Tanya Saddleman-Joe has a Bachelor of Education from UBC and is a certified Teacher under the BC College of Teachers. Trish Johnson is a Certified Education Assistant.

We are fortunate to have such a well qualified team of staff.

## Snc'c'amala?tn Spring Break Closures

Preschool and Kindergarten are closed for Spring Break the week of Monday, March 13 to Friday, March 17. If you need daycare that week, please make your request early.

## skimxist Room-Infant/Toddler

Ramona Wilson - Infant/Toddler Room Supervisor

Barb Marchand - Infant/Toddler Room Assistant

Laura Miller - Infant/Toddler Room Part-Time

Thank you to the ladies who come to check our children's new teeth. Dental Health Day was a success. We definitely feel the difference when our regular, daily schedule is changed. As much as we love to have visitors, we find that

the changes to our outdoor playtime, meal schedules and nap times, as well as extra visitors can cause a disturbance in our room. We feel the energy levels rise and emotions soar as the children strive to deal with it. Even though we don't live by a strict schedule, the children do appreciate a consistent routine.

The staff does an amazing job in guiding and supporting the chil-

dren's emotional development throughout the day. Everyone is empathetic and responsive to each child's individual needs as we let them explore their new independence, yet are ready to intervene in a moment. Every child is cared for with love and respect. We joyfully spend most of the day sitting on the floor with the children, singing, laughing and playing. It's a great place to be. Now we are looking forward to spending more time outside in the beautiful Okanagan weather without snowsuits or mittens.

Happy Birthday wishes to Pwalxken (1 year) on March 4, Taylor (3 years) on March 14, and Ramona (too many to count) on March 31.

We won second place in the School category during the Vernon Winter Carnival Parade. Once again, thank you to Rocky Mountain Transport for the use of the trailer and D.D.M. Contracting for the truck and Derrick Bonneau for driving. Thanks to Blane Louis for lending us the hay to sit on and Monica for bringing it to us. Thanks especially to the staff and parents for their continued support and help with the decorations and costumes. It was fun!

From all us cubs

## mhuya Room-3/5 year old daycare

Josie Ferguson - 3/5 Supervisor

Vanessa Antoine - Head Start Coordinator

Wi, from the mhuya room.

February saw a lot of artwork from our room. We made some Groundhog Day art as well as a lot of Valentine art.

We spent time learning about bears; where they live in the winter, what they look like, what they eat, etc. In honour of our bear discoveries, we had a teddy Bear Picnic where we got to wear our pajamas. Lots of fun!



To beat the winter blues, our children got to wear their bathing suits and shorts (only while we were inside) and have a fun "Beach Day". We pretended we were at a sunny, warm beach. What a nice fantasy!

The ladies from the Health Unit came to visit us to check our teeth. They checked to see if our teeth looked healthy and some of us got fluoride painted on to help protect them. Plus, we all got a brand new toothbrush!

For a special field trip, we got to go to the Vernon Library. We listened to stories, sang songs and did a little bit of dancing. We are going to try to go once a month.

We'll be trying to set up more field trips throughout the year, so keep posted. Limlimpt.

*Vanessa Antoine, Josie Ferguson, Maria Volansky and Luda Chirkoff*

**Spəpl'ina? Room-Preschool**

*Susan Nelson - Preschool Supervisor  
Donna Lewis - Preschool Assistant  
Nancy Eustache - Special Needs Worker*

We hope everyone had a wonderful Valentine's Day. We had a great Valentine's party and actually ran out of time to play all of our games! The children really enjoyed the experience of giving away valentines to their friends. We have been cutting and gluing hearts and making other Valentine activities.

The themes have been valentines, dinosaurs, Groundhog Day and snowflakes. We have concentrated our attention on the colours purple and pink, oval shapes and the numbers 8, 9 and 10. We are learning new concepts; over/under, many/few, largest/smallest and 1st, 2nd and 3rd.

Thank you to all the parents who ensured the children brought valentines for all the children

in Preschool. We also want to thank you for sending appropriate winter clothing and backpacks every day. Spring is almost here and we are hearing new bird songs outside. Hope everyone has a terrific Spring Break from March 13 to 17.

*Susan, Donna and Nancy*

**Pqəl'qin Room-Kindergarten**

*Tanya Saddleman-Joe - Kindergarten Teacher*

*Trish Johnson - Kindergarten Assistant*

Wi from the Kindergarten,

February was a very fun month in the Kindergarten room. We learned about Groundhog Day and how Spring was coming, we talked about friendship and bullying, we made some wonderful heart art, learned about different types of transportation and talked about hazardous materials. We've learned some new letters/sounds, began identifying initial consonant sounds and spent some time learning about measurement.

At the end of February we will be going on a field trip to the Vernon Museum as part of our cultural program to see some of the First Nations displays. Thanks to Mona for organizing the field trip and to the parents who are able to come along.

The Kindergarten children had a lot of fun preparing for Valentine's day. They made cards for family and friends, talked a lot about how to



be a good friend and practiced our friendship dancing. On Valentine's day the children were excited to exchange cards and look at the cards they received. On February 15 we celebrated our 100th day of school, it was very exciting. All the children brought 100 small food items so we could have a 100 day trail mix snack, it was so yummy! Our 100th day was filled with making a 100 Fruit Loop necklace, which many ate right after putting it together, putting together a special 100 days booklet, trying to guess what 100 cheerios looks like, making some 100's art and building a 100 paper cup tower. We also did a lot of counting to 100 by 1's, 5's and 10's. The children spent time counting to 100 by 10's in Okanagan as well. Thank you to Trish for baking the children a special 100th day cake decorated with 100 cinnamon hearts, it was delicious!

Congratulations to Patrick Camilleri, Nathan Allen, Charlene Woloshen, Maria Alexis and Teylor Munger for finishing reading 60 home reading books so far this year. Way to go!

*Tanya Saddleman-Joe and Trish Johnson*



## Community Meeting Notice for Okanagan Indian Band Members

**Location:** Head of the Lake Hall  
**Time:** 6-8 pm  
**Date:** Thursday, March 9th 2006

*Coffee, tea, juice and light snacks will be provided.  
 Bring your family! Supervision of small children will be available.*

The Health Department requests your participation in a community meeting about the potential for a Maternal Child Health (MCH) program on reserve.

- ~ Health Canada has just launched this new program with a long term goal of improving health for pregnant women, infants and young children so that all children reach their developmental and lifetime potential.
- ~ The program will include the entire family and will highlight the importance of the fathers in supporting their partners - the mom's of their child or children - and in playing a key role in the raising of their children.
- ~ Home visits by nurses and family visitors during pregnancy, post-partum and early childhood will be made as well as links to any special needs services (such as asthma, speech, language and auditory concerns) as required.

It is known that our early experiences are the foundation on which our lives are built. The program will be community based and will include Okanagan culture, values and language. This program will enhance our existing programs and services.

Cathy Gottfriedsen, Okanagan Indian Band member and Master of Social Work, has been contracted to complete a full proposal (needs assessment, workplan and budget) by the end of March 2006. Cathy completed the full proposal for our Aboriginal Head Start on Reserve program in 1999.

If you would like to find out more, share your ideas and concerns about this program, and/or would like to show your support of it, please join us in this meeting. Your interest, involvement and support is appreciated! Feel free to email us any information that you may have about First Nations Maternal Child Health. Limlimt!

**Contact:**  
 Cathy Gottfriedsen  
 Home Phone: 250-545-7993  
 Email: cgottfriedsen@shaw.ca

Sandie Derrickson, Community Outreach Worker  
 Work Phone: 250-542-5094  
 Email: Sandy.derrickson@okib.b0b.org

### For Sale:

1982 dark blue Dodge 4 wheel drive regular cab  
 ¾ ton pickup - not running, good for parts

1989 Bluebird bus converted into tool truck  
 Runs, very low km's on rebuilt 350 and trans

Both go to highest offer as is where is  
 Have papers for both.

For inquires or to view contact:  
**Community Development Department**  
 542-3444  
 Ask for Chad, leave msg.

## CALLING ALL MINOR HOCKEY AGED PLAYERS



We will be taking several teams to:

### The 19th Annual Native Junior Hockey Tournament in Merritt BC

The tournament takes place on March 16th - 19th, 2006

We are also asking for parent volunteers to assist with the fundraising.

**If you are interested in participating or would like more information, please contact Jenny Louis:**

**Phone: 250-558-1093**  
**Email: Jenny\_louis@hotmail.com**

### OKIB Territorial Stewardship Division - Employment Opportunity

The following position is available: **On Call Labourers**

*As per exemption under Section 19 of the Human Rights Act, preference will be given to Aboriginal applicants.*

#### General Summary:

Labourers are expected to provide their own equipment (i.e.: gloves, rain gear and proper footwear).

#### Qualifications, Skills and Abilities:

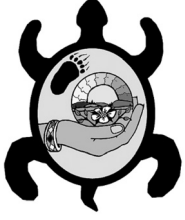
- ~ Able to work outdoors in variable weather conditions;
- ~ Work in physically challenging conditions;
- ~ Work under indirect supervision;
- ~ Ability to work as part of a team;
- ~ Available to work flexible work hours;
- ~ Current BC Drivers license an asset;
- ~ Experience in working outdoors is an asset;
- ~ Preference given to Okanagan Band Members.

**Deadline for Applications:** On-going  
**Potential start-date:** To be determined

**Interested candidates should forward a resume to:**  
 Jenny Louis, Executive Assistant  
 Territorial Stewardship Division – Okanagan Indian Band  
 Phone: 250-542-7132 Fax: 250-542-0541  
 Email: okibnrd@okanagan.org

*Only those who are screened for an interview will be contacted.*

**Okanagan Nation Transition/Emergency House**  
**Term Position Outreach Worker**



**Type:** Direct Service Elder Outreach Worker  
**Program:** Transition House  
**Responsible to:** ONTEH Organizational Director  
**Project Term:** Beginning on April 3, 2006 and ending on March 30, 2007

**Project Purpose:**

The Transition House Outreach Workers role will be to provide Elder Outreach services for the purpose of training and developing an Elder in residence program for the home. Outreach services linking residents with elders and other services through individual, telephone and group work.

**General Duties:**

- ~ Develop a work plan for coordinating the work for the project plan.
- ~ Develop and coordinate a volunteer group of elders for increasing knowledge and designing a program for the residence.
- ~ Develop and coordinate training programs for elders and residents.
- ~ Develop schedules and work directly with residents to assist them in achieving their goals as they stay in the home by their attendance at workshops carried out as a part of the elders training. Assist women to develop plans for when they leave the Transition House, orient women to local resources as appropriate. Accompany women to essential appointments and assess needs for abuse intervention and referrals related to their specific issues.
- ~ Schedule and prepare cultural activities that link elders to residents.
- ~ Prepare reports and document the work plan to use the program developed as a guide for staff to use upon the completion of project. Ensure that all reports and statistics are accurate, current and submitted when due.
- ~ Work within the budget perimeter of the project and report as necessary to the Organizational Director.
- ~ Maintain safety, security and confidentiality of the Transition House information.
- ~ Provide support services with professionalism, integrity, ethical behavior and confidentiality with regard to clients and ONTEH.
- ~ Participate in staff meetings, approved staff development opportunities.
- ~ Maintain current knowledge of and comply with all organizational policies and procedures and must sign an oath of confidentiality.
- ~ Effective verbal communications, problem solving, conflict resolution.

**Qualifications:**

- ~ BSW or diploma in Social Work or grade twelve/ GED Certificate with Human Service Diploma, Aboriginal Transition House Worker Training or certificate in related discipline, or a combination of education and experience equivalent to the foregoing.
- ~ Experience in working with families in crises.
- ~ Excellent written and verbal communications skills. Okanagan language is an asset.
- ~ Valid BC Drivers license - Class 4 an asset.
- ~ Reliable vehicle and appropriate current insurance and must provide drivers abstract.
- ~ Must have a clear Criminal Record Check.
- ~ Preference will be given to applicants from Okanagan Nation members and those of Aboriginal Ancestry.

**Salary:** \$2,300 per month - Based on a 40 hour work week.

**Deadline for resumes:** March 17, 2006

To apply, please fax, email or mail resume with cover letter to:

**Pam Louis, Organizational Director**

RR#2 Site 60 Comp. 27

Penticton B.C. V2A 6J7

Telephone: (250) 493-4902 Fax: (250) 493-4952

Email: pam\_louis@shaw.ca

*Only applicants who are screened for an interview will be contacted.*

**Okanagan Indian Band - Employment Opportunity**

**Territorial Stewardship Division**

**TREE PLANTERS**

As per exemption under Section 19 of the Human Rights Act, preference will be given to Aboriginal applicants.

**General Summary:**

Scheduled start up is April/May 2006, with anticipated duration approximately 12 weeks. Planters are expected to provide their own equipment (i.e.: planting shovels, planting bags, gloves, rain gear and proper footwear).

**Qualifications, Skills and Abilities:**

- ~ Able to work outdoors in variable weather conditions;
- ~ Experience planting an asset but not required;
- ~ Work in physically challenging conditions;
- ~ Work under indirect supervision;
- ~ Ability to work as part of a team;
- ~ Available to work flexible hours;
- ~ Current BC Drivers license an asset;
- ~ Experience in working outdoors is an asset;
- ~ Preference given to Okanagan Band Members.

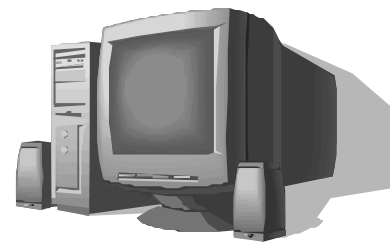
**Deadline for applications:** March 31st, 2006

We thank all applicants: however, only those selected for interviews will be contacted.

***Interested candidates should forward a resume to:***

Kristy Craske  
 Okanagan Indian Band  
 12420 Westside Road  
 Vernon B.C. V1T 7Z3  
 Phone: 250-542-7132  
 Fax: 250-542-0541  
 Email: okibnrd@okanagan.org

**CAP Centre Hours**



**6 Mile Training Centre Hours:**

Due to workshops, the CAP Centre hours for the Six Mile Training Centre will vary until further notice depending on the hours of the workshops. Hours will be posted daily outside the training centre building. For more information, contact Samantha at 260-3266.

**Head of the Lake Hall Hours:**

Monday - Friday  
 9:00AM - 9:00PM

*The hours posted are subject to change without notice due to the Training Centre Usage (eg. Scheduled Workshops)  
 Visit [www.okib.ca/events/cap\\_centre.php](http://www.okib.ca/events/cap_centre.php) for more info.*

## EARLY CHILDHOOD EDUCATION PROGRAM to be offered in SPALLUMCHEEN

Are you interested in working with young children to help them build their skills?

Classes will take place from Monday to Friday from 9 am to 4 pm beginning September 2006. You must have successfully completed Grade 12.

Students who have completed the 10.5 month program can begin working in a daycare centre. Upon completion of 500 hours or work, they can then apply for an ECE License.

Download our full calendar or application forms from the Native Education Centre website (see right) and apply or register directly online or contact:

Deanna Leon-Cook, ECE Program Director  
SPALLUMCHEEN INDIAN BAND  
Splatsin Child Care Society  
splatsin@telus.net  
(250) 838-6404 ext. 1



## NATIVE EDUCATION CENTRE

### Certificates & Diplomas:

- Adult Basic Education
- Applied Business Technology
- Digital Filmmaking
- Elder Care
- Family Counselling
- Early Childhood Education
- Justice Studies
- Land Stewardship
- Tourism Management

For further information visit  
[www.necvancouver.org](http://www.necvancouver.org)  
or call Admissions at  
604-873-3761 ext. 328

## Senk'ip Newsletter Mail-out List

Please fill out the form and return to the address below or by e-mail to receive your newsletter by mail.

\_\_\_\_\_  
First Name

\_\_\_\_\_  
Last Name

\_\_\_\_\_  
Mailing Address

\_\_\_\_\_  
City/Town

\_\_\_\_\_  
Province

\_\_\_\_\_  
Postal Code

**Mailing Information:**  
Okanagan Indian Band  
12420 Westside Road  
Vernon BC V1T 7Z3  
Email: [holly.brewer@okanagan.org](mailto:holly.brewer@okanagan.org)

[www.okib.ca](http://www.okib.ca)

Current News - Job Postings  
Band Member Only Area  
Message Forum

Instructions for login and passwords for the members only area can be viewed on the website or by e-mail.

e-mail: [holly.brewer@okanagan.org](mailto:holly.brewer@okanagan.org) for instructions.





**"QI GONG" for KIDS**

**By:** Marc S.U. Tey, Qi Gong Master

**When:** Every Wednesday

**Time:** 4:00pm - 5:30pm

**Where:** Head of the Lake Hall

**Who:** Okanagan Indian Band Youth

The Qi Gong movement is one of the traditions within Xulian, an Ancient Chinese method to cultivate mind and body as a method for fitness and healing oneself.

Qi Gong appears to have pre-historic roots that may date back many millennia. The word Qi Gong is a combination of two ideas; Qi, the vital energy of the body, and Gong the skill of working with the Qi.

*Qi means universal life force.*

*Gong means cultivation of life force.*

**What is "Qi Gong"?**

"Qi Gong" is a Traditional Martial Art (Kung Fu), promoting mastery of the mental, physical and spiritual aspect of our life through systematic practice. It is designed to train and enhance our "Qi" energy, which is the life energy in our body. This is a unique Chinese fitness method where the student will also learn the Art of Self Defence.

Qi Gong, through a set of comfortable guided meditations and creative visualisation, will allow you to communicate directly with your unconscious mind. Having released negativity from our physical, mental, emotional and spiritual body, we can replace it with positive energies in the directions we want.

Pat Kwa stretching and Twan Ta movement: Increase flexibility, strength, immunity and a sense of wellbeing.

Sensitivity exercises train the student to yield to forces directed at them, gathering, redirecting and releasing "Qi" power. The advantage is flowing with, rather than fighting against.

**Contact:** Molly Brewer at 542-4328  
*Registration Required*

**Please indicate if your child requires transportation**

Name: \_\_\_\_\_

Age: \_\_\_\_\_ Male [ ] or Female [ ]

E-mail: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ Postal Code: \_\_\_\_\_

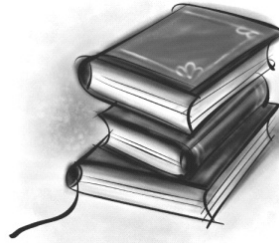
Telephone: \_\_\_\_\_

Fee Paid: \_\_\_\_\_

Medical/Allergies, other information: \_\_\_\_\_

Transportation required: Yes [ ] No [ ]

**OKIB Post Secondary Applications**



OKIB Post Secondary Application Forms are available for download on the OKIB Website. As well, Books & Supplies Request forms and the OKIB Post Secondary Polies are available.

To download, please visit:

<http://www.okib.ca/departments/education.php>

**OKIB FAMILY ICE TIME - ALL AGES**

**When:** Every Saturday  
**Time:** 5 PM - 7 PM

**Location:** OKANAGAN TRAINING RINK  
5204 27 Ave. Vernon, BC  
(250) 549-7468

**1ST HOUR -- 5:00PM - 6:00PM -- Is Family Skate**

Bring Skates and Warm Gloves  
Helmets for Younger Children

**2ND HOUR -- 6:00PM - 7:00PM -- Hockey**

**Children Must be in Full Equipment**

**For more information Call:**  
**Kevin Ned @ (250) 542-4328 or visit [www.okib.ca/recreation](http://www.okib.ca/recreation)**

**Senklip Submissions**

The deadline for submissions to the Senk'lip Newsletter will be the 15th of every month. Please submit all articles or other material you would like posted on or before this date. All material can be forwarded to me at the training center (next to the health building), at the Band Office, e-mailed to me at [holly.brewer@okanagan.org](mailto:holly.brewer@okanagan.org) or mailed to:

Okanagan Indian Band  
12420 Westside Road  
Vernon, BC V1T 7Z3

Senklip News

**Editor**  
Holly Brewer

**Phone:** (250) 260-3266  
**Fax:** (250) 542-3113  
**Email:**  
[holly.brewer@okanagan.org](mailto:holly.brewer@okanagan.org)

**Mail:**  
Okanagan Indian Band  
12420 Westside Road  
Vernon BC  
V1T 7Z3

**Chief**  
Fabian Alexis

**Council**  
Tim Alexis  
Reynolds Bonneau  
Jenelle Brewer  
Bill Cohen  
Tim Isaac  
Peggy Joe  
Allan Louis  
Raymond Marchand  
Emery Robins  
Jon Spotted Eagle

# Community Bulletin



## Happy 4th Birthday to

Madison Sage Robins on March 14th



## & Happy Birthday to

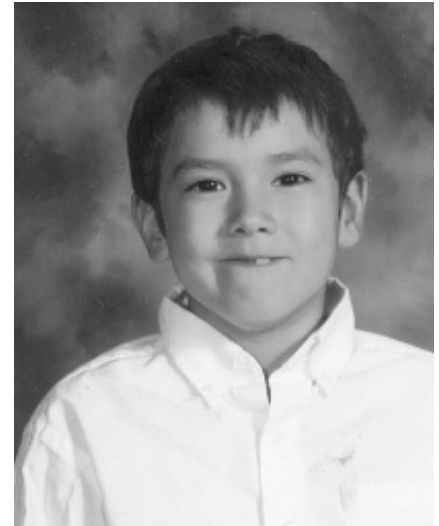
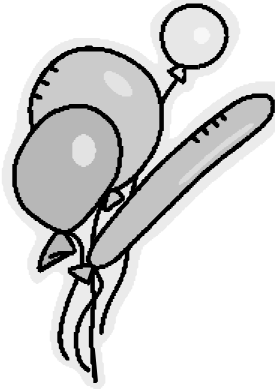
my son Braden Williams on March 8th



*Have a happy day!*

*Love Mom and Vern*

## Happy 10th Birthday to



Linden George Louis on March 12th

*Lots of Love  
Mom, Stephen, Taige, Grandma Pam, and Family*

## Happy 4th Birthday to



Taige Rianna Marchand Trujillo on March 20th

*Lots of Love  
Mom, Stephen, Linden, Grandma Pam, and Family*

## Happy 42nd Birthday to

Jackie Wildcat on March 28th

*From Pam, Stacey, Stephen, Taige, Linden, Jesse, Shannon, Everett, Shawn and Travis*

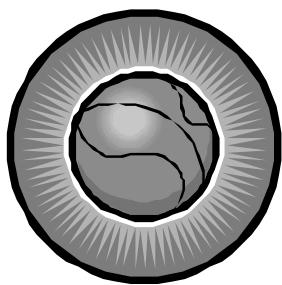
## Happy Belated 18th Birthday to

Travis Wildcat on February 14th

*From Jackie, Jesse, Shannon, Everett, Shawn, Taige, Linden, Stacey, Stephen and Pam*



### Westside Xixu?tem Basketball Team



**50/50 Draw Results  
February 14th, 2006**

**The Winner was:**

Linda Williams

**Amount won: \$159.00**

Thank you to Linda for donating \$59.00 back to the basketball team.

**Thank you to all of those who supported the team!**