

## New Programs being offered in February 2012

### Native Men's Personal Leadership

The Personal Leadership Program is a series of topics that will provide men with a perspective to addressing contemporary First Nation Men's issues while also creating an environment supporting networking between individuals.

#### Men's Leadership Group

Starts: Wednesday February 1, 2012

Time: 10:00am to 3:00pm

Location: Okanagan Indian Band Health Center

### Community Women's Wellness

The Women's Wellness is a series of topics that will provide women with a perspective to addressing the way we think as First Nation Women, a journey to self discovery as individuals, family, and community members.

#### Women's Wellness Group

Starts: Friday February 3, 2012

Time: 10:00am to 3:00pm

Location: Okanagan Indian Band Health Center

If you are interested in learning more about these programs or to register please contact:

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